

Siegburger Nationales Meeting
inkl. Regionsmeisterschaften LVN Region Südost
Samstag
Finaler Zeitplan

	W14	W15	WJU18	WJU20	W	M14	M15	MJU18	MJU20	M
14:30	Stab (5)		Diskus (4)	Diskus (2)	Diskus (12)	Stab (7)				
	Weit 1+2 (32)	Weit 3 (20)				100m VL (20)		Kugel (10)	Kugel (6)	Kugel (4)
14:40							100m VL (17)			
14:50			100m VL (28)							
15:00				100m VL (19)						
15:10					100m VL (34)					
15:20										
15:30								100m VL (22)		
15:40									100m VL (19)	
15:50										100m VL (31)
16:00						100m EL				
16:10		Stab (2)	Stab (3)	Stab (1)			100m EL			
16:20			100m EL			Kugel (6)	Kugel (3)			
16:30				100m EL		Weit 1 (14)	Weit 2 (8)	Diskus (8)	Diskus (5)	Diskus (4)
16:40					100m EL					
16:50	100m VL (43)		Weit 3 (14)							
17:00										
17:10		100m VL (34)								
17:20										
17:30					Weit 2 (26)			100m EL		
17:40			Kugel (5)	Kugel (4)	Kugel (11)				100m EL	
17:50				Weit 1 (13)			Stab (3)	Stab (8)	Stab (1)	100m EL
18:00	Diskus (4)	Diskus (5)								
18:10	100m EL									
18:20		100m EL								
18:30										
18:40	800m (6)	800m (13)								
18:50						800m (9)	800m (12)			
19:00			800m (4)	800m (5)	800m (7)					
19:10								800m (10)	800m (7)	800m (8)
19:20	Kugel (9)	Kugel (7)				Diskus (5)	Diskus (6)	Weit 1 (11)	Weit 2 (11)	Weit 2 (6)
19:30	4x100m (13)				Stab (5)					Stab (5)
19:40										
19:50						4x100m (5)				
20:00			4x100m (3)	4x100m (5)	4x100m (6)					
20:10										
20:20								4x100m (5)	4x100m (2)	4x100m (3)
20:30										
20:40	3000m (3)	3000m (2)	3000m (3)	3000m (2)	3000m (6)					
20:50										
21:00						3000m (1)	3000m (4)	3000m (3)	3000m (3)	3000m (8)

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Sonntag
Finaler Zeitplan

	W12	W13	W14	W15	WJU18	WJU20	W	M12	M13	M14	M15	MJU18	MJU20	M
10:00	60m Hü (18)							Kugel (8)	Kugel (6)			Speer (11)	Speer (4)	Speer (5)
10:10								60m Hü (14)						
10:20		60m Hü (26)												
10:30	Weit 1+2 (46)								60m Hü (8)					
10:40		Hoch 1 (16)	80m Hü (18)	80m Hü (16)										
10:50								Hoch 2 (12)						
11:00										80m Hü (10)	80m Hü (10)			
11:10														
11:20	Kugel (5)	Kugel (11)	Speer (12)	Speer (8)	100m Hü (15)									
11:30						100m Hü (7)	100m Hü (16)							
11:40														
11:50														
12:00				Drei (6)	Drei (3)	Drei (3)	Drei (1)		Weit 1 (22)			110m Hü (7)	110m Hü (2)	
12:10														110m Hü (7)
12:20										Hoch 2 (6)	Hoch 2 (3)			
12:30	75m VL (54)				Speer (11)	Speer (4)								
12:40			Hoch 1 (11)	Hoch 1 (5)										
12:50		75m VL (49)												
13:00														
13:10								75m VL (35)						
13:20									75m VL (29)			Hoch 2 (8)	Hoch 2 (3)	Hoch 2 (4)
13:30														
13:40	75m F						Speer (18)							
13:50		75m F												
14:00														
14:10		Weit 1+2 (54)						75m F						
14:20	Hoch 1 (12)								75m F					
14:30														
14:40					200m (20)		Hoch 2 (7)							
14:50						200m (18)				Speer (10)	Speer (6)			
15:00							200m (26)							
15:10												200m (13)		
15:20								Weit 1 (29)					200m (10)	
15:30					Hoch 1 (9)	Hoch 1 (11)								200m (16)
15:40											Drei (5)	Drei (5)	Drei (2)	Drei (3)
15:50					400m (12)	400m (6)	400m (22)		Hoch 2 (12)					
16:00	Ball 1 (20)	Ball 2 (19)												
16:10												400m (10)	400m (6)	400m (7)
16:20														
16:30								800m (16)	800m (15)					
16:40	800m (22)													
16:50		800m (16)												
17:00								Ball 1 (18)	Ball 2 (13)					
17:10				300m (17)							300m (8)			
17:20														
17:30												1500m (4)	1500m (11)	1500m (10)
17:40					1500m (4)	1500m (2)	1500m (4)							
17:50	4x75m (15)													
18:00								4x75m (10)						