

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Samstag, 25. Januar 2025**



| Wettbewerb        | AK                | Runde        | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|-------------------|-------------------|--------------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| <b>Stab</b>       | <b>M</b>          | <b>F</b>     | <b>10:00</b>           | <b>10:15</b>        | <b>10:25</b>                      | <b>11:30</b> | <b>13:40</b> |
| <b>Kugel</b>      | <b>F</b>          | <b>F</b>     | <b>9:45</b>            | <b>10:20</b>        | <b>10:30</b>                      | <b>11:00</b> | <b>12:20</b> |
| <b>Hammer</b>     | <b>M</b>          | <b>F</b>     | <b>9:45</b>            |                     | <b>10:35</b>                      | <b>11:00</b> | <b>12:35</b> |
| <b>Hammer</b>     | <b>MJ U20</b>     | <b>F</b>     | <b>9:45</b>            |                     | <b>10:35</b>                      | <b>11:00</b> | <b>12:40</b> |
| <b>Hammer</b>     | <b>MJ U18</b>     | <b>F</b>     | <b>9:45</b>            |                     | <b>10:35</b>                      | <b>11:00</b> | <b>12:40</b> |
| <b>Weit</b>       | <b>BRSNW</b>      | <b>F</b>     | <b>9:45</b>            | <b>10:25</b>        | <b>10:35</b>                      | <b>11:00</b> |              |
| <b>60m Hürden</b> | <b>WJ U18</b>     | <b>1. VL</b> | <b>9:45</b>            | <b>10:45</b>        | <b>10:55</b>                      | <b>11:00</b> |              |
| <b>60m Hürden</b> | <b>WJ U18</b>     | <b>2. VL</b> |                        | <b>10:48</b>        | <b>10:58</b>                      | <b>11:03</b> |              |
| <b>60m Hürden</b> | <b>WJ U18</b>     | <b>3. VL</b> |                        | <b>10:51</b>        | <b>11:01</b>                      | <b>11:06</b> |              |
| <b>60m Hürden</b> | <b>WJ U20</b>     | <b>1. VL</b> | <b>10:00</b>           | <b>11:00</b>        | <b>11:10</b>                      | <b>11:15</b> |              |
| <b>60m Hürden</b> | <b>WJ U20</b>     | <b>2. VL</b> |                        | <b>11:03</b>        | <b>11:13</b>                      | <b>11:18</b> |              |
| <b>60m Hürden</b> | <b>F</b>          | <b>1. VL</b> | <b>10:10</b>           | <b>11:10</b>        | <b>11:20</b>                      | <b>11:25</b> |              |
| <b>60m Hürden</b> | <b>F</b>          | <b>2. VL</b> |                        | <b>11:13</b>        | <b>11:23</b>                      | <b>11:28</b> |              |
| <b>Drei</b>       | <b>WJ U20</b>     | <b>F</b>     | <b>10:45</b>           | <b>11:15</b>        | <b>11:25</b>                      | <b>12:00</b> | <b>14:00</b> |
| <b>Drei</b>       | <b>WJ U18</b>     | <b>F</b>     | <b>10:45</b>           | <b>11:15</b>        | <b>11:25</b>                      | <b>12:00</b> | <b>14:10</b> |
| <b>60m Hürden</b> | <b>F</b>          | <b>3. VL</b> |                        | <b>11:16</b>        | <b>11:26</b>                      | <b>11:31</b> |              |
| <b>60m Hürden</b> | <b>MJ U18</b>     | <b>1. VL</b> | <b>10:20</b>           | <b>11:20</b>        | <b>11:30</b>                      | <b>11:35</b> |              |
| <b>60m Hürden</b> | <b>MJ U18</b>     | <b>2. VL</b> |                        | <b>11:23</b>        | <b>11:33</b>                      | <b>11:38</b> |              |
| <b>60m Hürden</b> | <b>MJ U18</b>     | <b>3. VL</b> |                        | <b>11:26</b>        | <b>11:36</b>                      | <b>11:41</b> |              |
| <b>60m Hürden</b> | <b>MJ U20</b>     | <b>F</b>     | <b>10:30</b>           | <b>11:30</b>        | <b>11:40</b>                      | <b>11:45</b> | <b>12:25</b> |
| <b>60m Hürden</b> | <b>M</b>          | <b>1. VL</b> | <b>10:40</b>           | <b>11:40</b>        | <b>11:50</b>                      | <b>11:55</b> |              |
| <b>60m Hürden</b> | <b>M</b>          | <b>2. VL</b> |                        | <b>11:43</b>        | <b>11:53</b>                      | <b>11:58</b> |              |
| <b>60m Hürden</b> | <b>M</b>          | <b>3. VL</b> |                        | <b>11:46</b>        | <b>11:56</b>                      | <b>12:01</b> |              |
| <b>Kugel</b>      | <b>WJ U20</b>     | <b>F</b>     | <b>11:20</b>           | <b>11:55</b>        | <b>12:05</b>                      | <b>12:35</b> | <b>14:10</b> |
| <b>3000m</b>      | <b>Männl. Kl.</b> | <b>1. ZE</b> | <b>11:00</b>           | <b>12:00</b>        | <b>12:10</b>                      | <b>12:15</b> | <b>14:15</b> |
| <b>Speer</b>      | <b>MJ U20</b>     | <b>F</b>     | <b>11:30</b>           |                     | <b>12:20</b>                      | <b>12:45</b> | <b>14:00</b> |
| <b>Speer</b>      | <b>WJ U20</b>     | <b>F</b>     | <b>11:30</b>           |                     | <b>12:20</b>                      | <b>12:45</b> | <b>14:00</b> |
| <b>Diskus</b>     | <b>F</b>          | <b>F</b>     | <b>11:30</b>           |                     | <b>12:20</b>                      | <b>12:45</b> | <b>14:30</b> |
| <b>3000m</b>      | <b>Männl. Kl.</b> | <b>2. ZE</b> |                        | <b>12:15</b>        | <b>12:25</b>                      | <b>12:30</b> |              |
| <b>3000m</b>      | <b>Weibl. Kl.</b> | <b>1. ZE</b> | <b>11:30</b>           | <b>12:30</b>        | <b>12:40</b>                      | <b>12:45</b> | <b>14:20</b> |
| <b>3000m</b>      | <b>Weibl. Kl.</b> | <b>2. ZE</b> |                        | <b>12:45</b>        | <b>12:55</b>                      | <b>13:00</b> |              |
| <b>60m Hürden</b> | <b>WJ U18</b>     | <b>F</b>     |                        | <b>13:10</b>        | <b>13:20</b>                      | <b>13:25</b> | <b>14:10</b> |
| <b>60m Hürden</b> | <b>WJ U20</b>     | <b>F/E</b>   |                        | <b>13:15</b>        | <b>13:25</b>                      | <b>13:30</b> | <b>14:15</b> |
| <b>Drei</b>       | <b>F</b>          | <b>F</b>     | <b>12:45</b>           | <b>13:15</b>        | <b>13:25</b>                      | <b>14:00</b> | <b>16:00</b> |
| <b>Drei</b>       | <b>MJ U18</b>     | <b>F</b>     | <b>12:45</b>           | <b>13:15</b>        | <b>13:25</b>                      | <b>14:00</b> | <b>16:00</b> |
| <b>Stab</b>       | <b>WJ U20</b>     | <b>F</b>     | <b>13:00</b>           | <b>13:15</b>        | <b>13:25</b>                      | <b>14:30</b> | <b>16:30</b> |
| <b>Stab</b>       | <b>WJ U18</b>     | <b>F</b>     | <b>13:00</b>           | <b>13:15</b>        | <b>13:25</b>                      | <b>14:30</b> | <b>16:35</b> |
| <b>60m Hürden</b> | <b>F</b>          | <b>F</b>     |                        | <b>13:20</b>        | <b>13:30</b>                      | <b>13:35</b> | <b>14:20</b> |
| <b>Kugel</b>      | <b>WJ U18</b>     | <b>F</b>     | <b>12:45</b>           | <b>13:20</b>        | <b>13:30</b>                      | <b>14:00</b> |              |
| <b>60m Hürden</b> | <b>MJ U18</b>     | <b>F</b>     |                        | <b>13:30</b>        | <b>13:40</b>                      | <b>13:45</b> | <b>14:30</b> |
| <b>60m Hürden</b> | <b>MJ U20</b>     | <b>E</b>     |                        | <b>13:35</b>        | <b>13:45</b>                      | <b>13:50</b> |              |
| <b>60m Hürden</b> | <b>M</b>          | <b>F</b>     |                        | <b>13:40</b>        | <b>13:50</b>                      | <b>13:55</b> | <b>14:35</b> |
| <b>60m</b>        | <b>BRSNW</b>      | <b>1. ZE</b> | <b>12:50</b>           | <b>13:50</b>        | <b>14:00</b>                      | <b>14:05</b> |              |
| <b>60m</b>        | <b>BRSNW</b>      | <b>2. ZE</b> |                        | <b>13:53</b>        | <b>14:03</b>                      | <b>14:08</b> |              |
| <b>Speer</b>      | <b>F</b>          | <b>F</b>     | <b>13:15</b>           |                     | <b>14:05</b>                      | <b>14:30</b> | <b>16:00</b> |
| <b>Diskus</b>     | <b>MJ U20</b>     | <b>F</b>     | <b>13:15</b>           |                     | <b>14:05</b>                      | <b>14:30</b> | <b>16:05</b> |
| <b>Diskus</b>     | <b>WJ U20</b>     | <b>F</b>     | <b>13:15</b>           |                     | <b>14:05</b>                      | <b>14:30</b> | <b>16:10</b> |
| <b>200m</b>       | <b>WJ U18</b>     | <b>1. ZE</b> | <b>13:10</b>           | <b>14:10</b>        | <b>14:20</b>                      | <b>14:25</b> | <b>15:30</b> |
| <b>200m</b>       | <b>WJ U18</b>     | <b>2. ZE</b> |                        | <b>14:13</b>        | <b>14:23</b>                      | <b>14:28</b> |              |
| <b>Hoch</b>       | <b>F</b>          | <b>F</b>     | <b>13:45</b>           | <b>14:15</b>        | <b>14:25</b>                      | <b>15:00</b> | <b>17:00</b> |
| <b>Hoch</b>       | <b>WJ U20</b>     | <b>F</b>     | <b>13:45</b>           | <b>14:15</b>        | <b>14:25</b>                      | <b>15:00</b> | <b>17:05</b> |
| <b>Hoch</b>       | <b>WJ U18</b>     | <b>F</b>     | <b>13:45</b>           | <b>14:15</b>        | <b>14:25</b>                      | <b>15:00</b> | <b>17:10</b> |
| <b>200m</b>       | <b>WJ U18</b>     | <b>3. ZE</b> |                        | <b>14:16</b>        | <b>14:26</b>                      | <b>14:31</b> |              |
| <b>200m</b>       | <b>WJ U18</b>     | <b>4. ZE</b> |                        | <b>14:19</b>        | <b>14:29</b>                      | <b>14:34</b> |              |

Stand: 21.01.2025

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Samstag, 25. Januar 2025**



| Wettbewerb  | AK                | Runde        | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|-------------|-------------------|--------------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| 200m        | WJ U18            | 5. ZE        |                        | 14:22               | 14:32                             | 14:37        |              |
| 200m        | WJ U18            | 6. ZE        |                        | 14:25               | 14:35                             | 14:40        |              |
| 200m        | WJ U18            | 7. ZE        |                        | 14:28               | 14:38                             | 14:43        |              |
| 200m        | WJ U18            | 8. ZE        |                        | 14:31               | 14:41                             | 14:46        |              |
| 200m        | WJ U20            | 8. ZE        |                        | 14:31               | 14:41                             | 14:46        |              |
| 200m        | WJ U18            | 9. ZE        |                        | 14:34               | 14:44                             | 14:49        |              |
| 200m        | WJ U18            | 10. ZE       |                        | 14:37               | 14:47                             | 14:52        |              |
| 200m        | WJ U18            | 11. ZE       |                        | 14:40               | 14:50                             | 14:55        |              |
| <b>200m</b> | <b>MJ U18</b>     | <b>1. ZE</b> | <b>13:45</b>           | <b>14:45</b>        | <b>14:55</b>                      | <b>15:00</b> | <b>15:50</b> |
| 200m        | MJ U18            | 2. ZE        |                        | 14:48               | 14:58                             | 15:03        |              |
| 200m        | MJ U18            | 3. ZE        |                        | 14:51               | 15:01                             | 15:06        |              |
| 200m        | MJ U18            | 4. ZE        |                        | 14:54               | 15:04                             | 15:09        |              |
| 200m        | MJ U18            | 5. ZE        |                        | 14:57               | 15:07                             | 15:12        |              |
| 200m        | MJ U18            | 6. ZE        |                        | 15:00               | 15:10                             | 15:15        |              |
| 200m        | MJ U18            | 7. ZE        |                        | 15:03               | 15:13                             | 15:18        |              |
| 200m        | MJ U18            | 8. ZE        |                        | 15:06               | 15:16                             | 15:21        |              |
| <b>200m</b> | <b>WJ U20</b>     | <b>1. ZE</b> | <b>14:10</b>           | <b>15:10</b>        | <b>15:20</b>                      | <b>15:25</b> | <b>16:30</b> |
| 200m        | WJ U20            | 2. ZE        |                        | 15:13               | 15:23                             | 15:28        |              |
| 200m        | WJ U20            | 3. ZE        |                        | 15:16               | 15:26                             | 15:31        |              |
| 200m        | WJ U20            | 4. ZE        |                        | 15:19               | 15:29                             | 15:34        |              |
| 200m        | WJ U20            | 5. ZE        |                        | 15:22               | 15:32                             | 15:37        |              |
| <b>Drei</b> | <b>M</b>          | <b>F</b>     | <b>14:55</b>           | <b>15:25</b>        | <b>15:35</b>                      | <b>16:10</b> | <b>17:30</b> |
| <b>Drei</b> | <b>MJ U20</b>     | <b>F</b>     | <b>14:55</b>           | <b>15:25</b>        | <b>15:35</b>                      | <b>16:10</b> | <b>17:35</b> |
| 200m        | WJ U20            | 6. ZE        |                        | 15:25               | 15:35                             | 15:40        |              |
| 200m        | WJ U20            | 7. ZE        |                        | 15:28               | 15:38                             | 15:43        |              |
| Kugel       | BRSNW             | F            | 14:45                  | 15:30               | 15:40                             | 16:00        |              |
| <b>200m</b> | <b>MJ U20</b>     | <b>1. ZE</b> | <b>14:35</b>           | <b>15:35</b>        | <b>15:45</b>                      | <b>15:50</b> | <b>16:35</b> |
| 200m        | MJ U20            | 2. ZE        |                        | 15:38               | 15:48                             | 15:53        |              |
| 200m        | MJ U20            | 3. ZE        |                        | 15:41               | 15:51                             | 15:56        |              |
| 200m        | MJ U20            | 4. ZE        |                        | 15:44               | 15:54                             | 15:59        |              |
| 200m        | MJ U20            | 5. ZE        |                        | 15:47               | 15:57                             | 16:02        |              |
| 200m        | MJ U20            | 6. ZE        |                        | 15:50               | 16:00                             | 16:05        |              |
| 200m        | MJ U20            | 7. ZE        |                        | 15:53               | 16:03                             | 16:08        |              |
| <b>200m</b> | <b>F</b>          | <b>1. ZE</b> | <b>14:55</b>           | <b>15:55</b>        | <b>16:05</b>                      | <b>16:10</b> | <b>17:10</b> |
| 200m        | F                 | 2. ZE        |                        | 15:58               | 16:08                             | 16:13        |              |
| 200m        | F                 | 3. ZE        |                        | 16:01               | 16:11                             | 16:16        |              |
| 200m        | F                 | 4. ZE        |                        | 16:04               | 16:14                             | 16:19        |              |
| 200m        | F                 | 5. ZE        |                        | 16:07               | 16:17                             | 16:22        |              |
| 200m        | F                 | 6. ZE        |                        | 16:10               | 16:20                             | 16:25        |              |
| 200m        | F                 | 7. ZE        |                        | 16:13               | 16:23                             | 16:28        |              |
| 200m        | F                 | 8. ZE        |                        | 16:16               | 16:26                             | 16:31        |              |
| 200m        | F                 | 9. ZE        |                        | 16:19               | 16:29                             | 16:34        |              |
| 200m        | F                 | 10. ZE       |                        | 16:22               | 16:32                             | 16:37        |              |
| 200m        | F                 | 11. ZE       |                        | 16:23               | 16:33                             | 16:38        |              |
| <b>200m</b> | <b>M</b>          | <b>1. ZE</b> | <b>15:25</b>           | <b>16:25</b>        | <b>16:35</b>                      | <b>16:40</b> | <b>17:15</b> |
| 200m        | M                 | 2. ZE        |                        | 16:28               | 16:38                             | 16:43        |              |
| 200m        | M                 | 3. ZE        |                        | 16:31               | 16:41                             | 16:46        |              |
| 200m        | M                 | 4. ZE        |                        | 16:34               | 16:44                             | 16:49        |              |
| 200m        | M                 | 5. ZE        |                        | 16:37               | 16:47                             | 16:52        |              |
| 200m        | M                 | 6. ZE        |                        | 16:40               | 16:50                             | 16:55        |              |
| 200m        | M                 | 7. ZE        |                        | 16:43               | 16:53                             | 16:58        |              |
| 200m        | M                 | 8. ZE        |                        | 16:46               | 16:56                             | 17:01        |              |
| 200m        | M                 | 9. ZE        |                        | 16:49               | 16:59                             | 17:04        |              |
| 200m        | BRSNW             | 1. ZE        | 15:50                  | 16:50               | 17:00                             | 17:05        |              |
| <b>800m</b> | <b>Weibl. Kl.</b> | <b>1. ZE</b> | <b>16:00</b>           | <b>17:00</b>        | <b>17:10</b>                      | <b>17:15</b> | <b>17:50</b> |

Stand: 21.01.2025

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Samstag, 25. Januar 2025**



| Wettbewerb  | AK                | Runde        | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|-------------|-------------------|--------------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| 800m        | Weibl. Kl.        | 2. ZE        |                        | 17:05               | 17:15                             | 17:20        |              |
| 800m        | Weibl. Kl.        | 3. ZE        |                        | 17:10               | 17:20                             | 17:25        |              |
| <b>800m</b> | <b>Männl. Kl.</b> | <b>1. ZE</b> | <b>16:15</b>           | <b>17:15</b>        | <b>17:25</b>                      | <b>17:30</b> | <b>18:00</b> |
| 800m        | Männl. Kl.        | 2. ZE        |                        | 17:20               | 17:30                             | 17:35        |              |
| 800m        | Männl. Kl.        | 3. ZE        |                        | 17:25               | 17:35                             | 17:40        |              |
| 800m        | Männl. Kl.        | 4. ZE        |                        | 17:30               | 17:40                             | 17:45        |              |

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Sonntag, 26. Januar 2025**



| Wettbewerb       | AK            | Runde    | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|------------------|---------------|----------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| <b>Weit</b>      | <b>M</b>      | <b>F</b> | <b>8:45</b>            | <b>9:15</b>         | <b>9:25</b>                       | <b>10:00</b> | <b>11:40</b> |
| <b>Weit</b>      | <b>F</b>      | <b>F</b> | <b>8:45</b>            | <b>9:15</b>         | <b>9:25</b>                       | <b>10:00</b> | <b>12:05</b> |
| <b>Speer</b>     | <b>MJ U18</b> | <b>F</b> | <b>8:45</b>            |                     | <b>9:35</b>                       | <b>10:00</b> | <b>11:40</b> |
| <b>Hammer</b>    | <b>F</b>      | <b>F</b> | <b>8:45</b>            |                     | <b>9:35</b>                       | <b>10:00</b> | <b>12:00</b> |
| <b>Hammer</b>    | <b>WJ U20</b> | <b>F</b> | <b>8:45</b>            |                     | <b>9:35</b>                       | <b>10:00</b> | <b>12:00</b> |
| <b>Hammer</b>    | <b>WJ U18</b> | <b>F</b> | <b>8:45</b>            |                     | <b>9:35</b>                       | <b>10:00</b> | <b>12:00</b> |
| <b>Bahngehen</b> | <b>M</b>      | <b>F</b> | <b>8:30</b>            | <b>9:27</b>         | <b>9:37</b>                       | <b>9:45</b>  | <b>10:50</b> |
| <b>Stab</b>      | <b>MJ U20</b> | <b>F</b> | <b>9:30</b>            | <b>9:30</b>         | <b>9:40</b>                       | <b>10:45</b> | <b>13:00</b> |
| <b>Stab</b>      | <b>MJ U18</b> | <b>F</b> | <b>9:30</b>            | <b>9:30</b>         | <b>9:40</b>                       | <b>10:45</b> | <b>13:00</b> |
| <b>Kugel</b>     | <b>M</b>      | <b>F</b> | <b>9:05</b>            | <b>9:45</b>         | <b>9:55</b>                       | <b>10:20</b> | <b>12:20</b> |
| 60m              | WJ U18        | 1. VL    | 9:15                   | 10:15               | 10:25                             | 10:30        |              |
| 60m              | WJ U18        | 2. VL    |                        | 10:17               | 10:27                             | 10:32        |              |
| 60m              | WJ U18        | 3. VL    |                        | 10:20               | 10:30                             | 10:35        |              |
| 60m              | WJ U18        | 4. VL    |                        | 10:22               | 10:32                             | 10:37        |              |
| 60m              | WJ U18        | 5. VL    |                        | 10:25               | 10:35                             | 10:40        |              |
| 60m              | WJ U18        | 6. VL    |                        | 10:27               | 10:37                             | 10:42        |              |
| 60m              | WJ U18        | 7. VL    |                        | 10:30               | 10:40                             | 10:45        |              |
| 60m              | WJ U18        | 8. VL    |                        | 10:32               | 10:42                             | 10:47        |              |
| 60m              | WJ U18        | 9. VL    |                        | 10:34               | 10:44                             | 10:49        |              |
| 60m              | MJ U18        | 1. VL    | 9:35                   | 10:35               | 10:45                             | 10:50        |              |
| 60m              | MJ U18        | 2. VL    |                        | 10:37               | 10:47                             | 10:52        |              |
| 60m              | MJ U18        | 3. VL    |                        | 10:40               | 10:50                             | 10:55        |              |
| 60m              | MJ U18        | 4. VL    |                        | 10:42               | 10:52                             | 10:57        |              |
| 60m              | MJ U18        | 5. VL    |                        | 10:45               | 10:55                             | 11:00        |              |
| 60m              | MJ U18        | 6. VL    |                        | 10:47               | 10:57                             | 11:02        |              |
| 60m              | MJ U18        | 7. VL    |                        | 10:50               | 11:00                             | 11:05        |              |
| 60m              | MJ U18        | 8. VL    |                        | 10:52               | 11:02                             | 11:07        |              |
| 60m              | WJ U20        | 1. VL    | 9:55                   | 10:55               | 11:05                             | 11:10        |              |
| 60m              | WJ U20        | 2. VL    |                        | 10:57               | 11:07                             | 11:12        |              |
| 60m              | WJ U20        | 3. VL    |                        | 11:00               | 11:10                             | 11:15        |              |
| 60m              | WJ U20        | 4. VL    |                        | 11:02               | 11:12                             | 11:17        |              |
| 60m              | WJ U20        | 5. VL    |                        | 11:04               | 11:14                             | 11:19        |              |
| 60m              | MJ U20        | 1. VL    | 10:05                  | 11:05               | 11:15                             | 11:20        |              |
| 60m              | MJ U20        | 2. VL    |                        | 11:07               | 11:17                             | 11:22        |              |
| <b>Weit</b>      | <b>MJ U20</b> | <b>F</b> | <b>10:30</b>           | <b>11:10</b>        | <b>11:20</b>                      | <b>11:45</b> | <b>13:10</b> |
| 60m              | MJ U20        | 3. VL    |                        | 11:10               | 11:20                             | 11:25        |              |
| 60m              | MJ U20        | 4. VL    |                        | 11:12               | 11:22                             | 11:27        |              |
| 60m              | F             | 1. VL    | 10:15                  | 11:15               | 11:25                             | 11:30        |              |
| 60m              | MJ U20        | 5. VL    |                        | 11:15               | 11:25                             | 11:30        |              |
| 60m              | F             | 2. VL    |                        | 11:17               | 11:27                             | 11:32        |              |
| 60m              | F             | 3. VL    |                        | 11:20               | 11:30                             | 11:35        |              |
| 60m              | F             | 4. VL    |                        | 11:22               | 11:32                             | 11:37        |              |
| <b>Speer</b>     | <b>WJ U18</b> | <b>F</b> | <b>10:45</b>           |                     | <b>11:35</b>                      | <b>12:00</b> | <b>13:20</b> |
| 60m              | F             | 5. VL    |                        | 11:25               | 11:35                             | 11:40        |              |
| 60m              | F             | 6. VL    |                        | 11:27               | 11:37                             | 11:42        |              |
| 60m              | F             | 7. VL    |                        | 11:29               | 11:39                             | 11:44        |              |
| <b>Kugel</b>     | <b>MJ U18</b> | <b>F</b> | <b>10:55</b>           | <b>11:30</b>        | <b>11:40</b>                      | <b>12:10</b> | <b>13:35</b> |
| 60m              | M             | 1. VL    | 10:30                  | 11:30               | 11:40                             | 11:45        |              |
| 60m              | M             | 2. VL    |                        | 11:32               | 11:42                             | 11:47        |              |
| <b>Weit</b>      | <b>WJ U18</b> | <b>F</b> | <b>11:05</b>           | <b>11:35</b>        | <b>11:45</b>                      | <b>12:20</b> | <b>14:10</b> |
| <b>Diskus</b>    | <b>M</b>      | <b>F</b> | <b>10:55</b>           |                     | <b>11:45</b>                      | <b>12:10</b> | <b>13:50</b> |
| 60m              | M             | 3. VL    |                        | 11:35               | 11:45                             | 11:50        |              |
| 60m              | M             | 4. VL    |                        | 11:37               | 11:47                             | 11:52        |              |

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Sonntag, 26. Januar 2025**



| Wettbewerb    | AK            | Runde    | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|---------------|---------------|----------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| 60m           | M             | 5. VL    |                        | 11:40               | 11:50                             | 11:55        |              |
| 60m           | M             | 6. VL    |                        | 11:42               | 11:52                             | 11:57        |              |
| 60m           | M             | 7. VL    |                        | 11:45               | 11:55                             | 12:00        |              |
| 60m           | M             | 8. VL    |                        | 11:47               | 11:57                             | 12:02        |              |
| 60m           | WJ U18        | 1. Z     |                        | 11:55               | 12:05                             | 12:10        |              |
| 60m           | WJ U18        | 2. Z     |                        | 11:57               | 12:07                             | 12:12        |              |
| 60m           | WJ U18        | 3. Z     |                        | 12:00               | 12:10                             | 12:15        |              |
| 60m           | MJ U18        | 1. Z     |                        | 12:05               | 12:15                             | 12:20        |              |
| 60m           | MJ U18        | 2. Z     |                        | 12:07               | 12:17                             | 12:22        |              |
| 60m           | MJ U18        | 3. Z     |                        | 12:10               | 12:20                             | 12:25        |              |
| <b>Stab</b>   | <b>F</b>      | <b>F</b> | <b>12:15</b>           | <b>12:15</b>        | <b>12:25</b>                      | <b>13:30</b> | <b>15:15</b> |
| 60m           | WJ U20        | 1. Z     |                        | 12:15               | 12:25                             | 12:30        |              |
| 60m           | WJ U20        | 2. Z     |                        | 12:17               | 12:27                             | 12:32        |              |
| 60m           | MJ U20        | 1. Z     |                        | 12:20               | 12:30                             | 12:35        |              |
| 60m           | MJ U20        | 2. Z     |                        | 12:22               | 12:32                             | 12:37        |              |
| 60m           | F             | 1. Z     |                        | 12:25               | 12:35                             | 12:40        |              |
| 60m           | F             | 2. Z     |                        | 12:27               | 12:37                             | 12:42        |              |
| <b>Weit</b>   | <b>WJ U20</b> | <b>F</b> | <b>12:00</b>           | <b>12:30</b>        | <b>12:40</b>                      | <b>13:15</b> | <b>15:05</b> |
| 60m           | F             | 3. Z     |                        | 12:30               | 12:40                             | 12:45        |              |
| 60m           | M             | 1. Z     |                        | 12:35               | 12:45                             | 12:50        |              |
| 60m           | M             | 2. Z     |                        | 12:37               | 12:47                             | 12:52        |              |
| 60m           | M             | 3. Z     |                        | 12:40               | 12:50                             | 12:55        |              |
| <b>Diskus</b> | <b>MJ U18</b> | <b>F</b> | <b>12:20</b>           |                     | <b>13:10</b>                      | <b>13:35</b> | <b>14:45</b> |
| 60m           | WJ U18        | F        |                        | 13:10               | 13:20                             | 13:25        | 13:55        |
| 60m           | MJ U18        | F        |                        | 13:15               | 13:25                             | 13:30        | 14:00        |
| 60m           | WJ U20        | F        |                        | 13:20               | 13:30                             | 13:35        | 14:05        |
| 60m           | MJ U20        | F        |                        | 13:25               | 13:35                             | 13:40        | 14:10        |
| <b>Speer</b>  | <b>M</b>      | <b>F</b> | <b>12:45</b>           |                     | <b>13:35</b>                      | <b>14:00</b> | <b>15:35</b> |
| 60m           | F             | F        |                        | 13:30               | 13:40                             | 13:45        | 14:15        |
| <b>Weit</b>   | <b>MJ U18</b> | <b>F</b> | <b>13:00</b>           | <b>13:30</b>        | <b>13:40</b>                      | <b>14:15</b> | <b>16:05</b> |
| 60m           | M             | F        |                        | 13:35               | 13:45                             | 13:50        | 14:20        |
| <b>Kugel</b>  | <b>MJ U20</b> | <b>F</b> | <b>12:55</b>           | <b>13:35</b>        | <b>13:45</b>                      | <b>14:10</b> | <b>15:40</b> |
| 400m          | WJ U18        | 1. ZE    | 13:00                  | 14:00               | 14:10                             | 14:15        | 15:00        |
| 400m          | WJ U18        | 2. ZE    |                        | 14:04               | 14:14                             | 14:19        |              |
| 400m          | WJ U18        | 3. ZE    |                        | 14:08               | 14:18                             | 14:23        |              |
| <b>Diskus</b> | <b>WJ U18</b> | <b>F</b> | <b>13:30</b>           |                     | <b>14:20</b>                      | <b>14:45</b> | <b>16:15</b> |
| 400m          | WJ U20        | 1. ZE    | 13:15                  | 14:15               | 14:25                             | 14:30        | 15:15        |
| 400m          | WJ U20        | 2. ZE    |                        | 14:19               | 14:29                             | 14:34        |              |
| 400m          | F             | 1. ZE    | 13:25                  | 14:25               | 14:35                             | 14:40        | 15:20        |
| 400m          | F             | 2. ZE    |                        | 14:29               | 14:39                             | 14:44        |              |
| 400m          | F             | 3. ZE    |                        | 14:33               | 14:43                             | 14:48        |              |
| 400m          | MJ U18        | 1. ZE    | 13:40                  | 14:40               | 14:50                             | 14:55        | 15:30        |
| 400m          | MJ U18        | 2. ZE    |                        | 14:44               | 14:54                             | 14:59        |              |
| <b>Hoch</b>   | <b>M</b>      | <b>F</b> | <b>14:15</b>           | <b>14:45</b>        | <b>14:55</b>                      | <b>15:30</b> | <b>17:15</b> |
| <b>Hoch</b>   | <b>MJ U20</b> | <b>F</b> | <b>14:15</b>           | <b>14:45</b>        | <b>14:55</b>                      | <b>15:30</b> | <b>17:15</b> |
| <b>Hoch</b>   | <b>MJ U18</b> | <b>F</b> | <b>14:15</b>           | <b>14:45</b>        | <b>14:55</b>                      | <b>15:30</b> | <b>17:15</b> |
| 400m          | MJ U18        | 3. ZE    |                        | 14:48               | 14:58                             | 15:03        |              |
| 400m          | MJ U20        | 1. ZE    | 13:55                  | 14:55               | 15:05                             | 15:10        | 15:35        |
| 400m          | MJ U20        | 2. ZE    |                        | 14:59               | 15:09                             | 15:14        |              |
| 400m          | M             | 1. ZE    | 14:05                  | 15:05               | 15:15                             | 15:20        | 15:40        |
| 400m          | M             | 2. ZE    |                        | 15:09               | 15:19                             | 15:24        |              |
| 400m          | M             | 3. ZE    |                        | 15:13               | 15:23                             | 15:28        |              |
| 400m          | M             | 4. ZE    |                        | 15:17               | 15:27                             | 15:32        |              |
| 400m          | M             | 5. ZE    |                        | 15:21               | 15:31                             | 15:36        |              |

**Nordrhein Hallen- und Winterwurfmeisterschaften 2025**  
**Callroomplan Sonntag, 26. Januar 2025**



| Wettbewerb      | AK                | Runde        | Ende<br>Stellplatzzeit | Callroom<br>Eingang | Callroom<br>Ausgang/<br>Aufruf WW | Startzeit    | Siegerehrung |
|-----------------|-------------------|--------------|------------------------|---------------------|-----------------------------------|--------------|--------------|
| <b>1.500m</b>   | <b>Männl. Kl.</b> | <b>1. ZE</b> | <b>14:30</b>           | <b>15:30</b>        | <b>15:40</b>                      | <b>15:45</b> | <b>16:30</b> |
| 1.500m          | Männl. Kl.        | 2. ZE        |                        | 15:38               | 15:48                             | 15:53        |              |
| 1.500m          | Männl. Kl.        | 3. ZE        |                        | 15:46               | 15:56                             | 16:01        |              |
| <b>1.500m</b>   | <b>Weibl. Kl.</b> | <b>1. ZE</b> | <b>14:55</b>           | <b>15:55</b>        | <b>16:05</b>                      | <b>16:10</b> | <b>16:50</b> |
| 1.500m          | Weibl. Kl.        | 2. ZE        |                        | 16:03               | 16:13                             | 16:18        |              |
| <b>4x200m</b>   | <b>WJ U18</b>     | <b>1. ZE</b> | <b>15:15</b>           | <b>16:15</b>        | <b>16:25</b>                      | <b>16:30</b> | <b>17:15</b> |
| 4x200m          | WJ U18            | 2. ZE        |                        | 16:20               | 16:30                             | 16:35        |              |
| 4x200m          | WJ U18            | 3. ZE        |                        | 16:25               | 16:35                             | 16:40        |              |
| <b>4x200m</b>   | <b>WJ U20</b>     | <b>1. ZE</b> | <b>15:30</b>           | <b>16:30</b>        | <b>16:40</b>                      | <b>16:45</b> | <b>17:25</b> |
| 4x200m          | WJ U20            | 2. ZE        |                        | 16:35               | 16:45                             | 16:50        |              |
| 4x200m          | WJ U20            | 3. ZE        |                        | 16:40               | 16:50                             | 16:55        |              |
| <b>4x200m</b>   | <b>F</b>          | <b>1. ZE</b> | <b>15:45</b>           | <b>16:45</b>        | <b>16:55</b>                      | <b>17:00</b> | <b>17:40</b> |
| 4x200m          | F                 | 2. ZE        |                        | 16:50               | 17:00                             | 17:05        |              |
| 4x200m          | F                 | 3. ZE        |                        | 16:55               | 17:05                             | 17:10        |              |
| 4x200m          | F                 | 4. ZE        |                        | 17:00               | 17:10                             | 17:15        |              |
| <b>4x200m</b>   | <b>MJ U18</b>     | <b>1. ZE</b> | <b>16:05</b>           | <b>17:05</b>        | <b>17:15</b>                      | <b>17:20</b> | <b>17:55</b> |
| 4x200m          | MJ U18            | 2. ZE        |                        | 17:10               | 17:20                             | 17:25        |              |
| 4x200m          | MJ U18            | 3. ZE        |                        | 17:13               | 17:23                             | 17:28        |              |
| <b>4x200m</b>   | <b>MJ U20</b>     | <b>1. ZE</b> | <b>16:15</b>           | <b>17:15</b>        | <b>17:25</b>                      | <b>17:30</b> | <b>18:10</b> |
| 4x200m          | MJ U20            | 2. ZE        |                        | 17:20               | 17:30                             | 17:35        |              |
| 4x200m          | MJ U20            | 3. ZE        |                        | 17:25               | 17:35                             | 17:40        |              |
| 4x200m          | MJ U20            | 4. ZE        |                        | 17:28               | 17:38                             | 17:43        |              |
| <b>4x200m</b>   | <b>M</b>          | <b>1. ZE</b> | <b>16:30</b>           | <b>17:30</b>        | <b>17:40</b>                      | <b>17:45</b> | <b>18:20</b> |
| 4x200m          | M                 | 2. ZE        |                        | 17:35               | 17:45                             | 17:50        |              |
| 4x200m          | M                 | 3. ZE        |                        | 17:40               | 17:50                             | 17:55        |              |
| 4x200m          | M                 | 4. ZE        |                        | 17:43               | 17:53                             | 17:58        |              |
| <b>3x1.000m</b> | <b>M</b>          | <b>F</b>     | <b>16:45</b>           | <b>17:45</b>        | <b>17:55</b>                      | <b>18:00</b> | <b>18:25</b> |
| <b>3x800m</b>   | <b>F</b>          | <b>F</b>     | <b>17:00</b>           | <b>18:00</b>        | <b>18:10</b>                      | <b>18:15</b> | <b>18:30</b> |