LEICHTATHLETIKGEMEINSCHAFT
OLYMPIA DORTMUND e.V.

LGO DORTMUND

Zeitplan „LGO-Sommerfest“ | Samstag, 17. August 2024 in Dortmund

Stand: 14.08.2024

Zeit	M8/M9	M10/M11	M12/M13	M14/M15	mJ/Männer	W8/W9	W10/W11	W12/W13	W14/W15	wJ/Frauen	Mixed	Stabhoch	Zeit
12:00												WK 1 (AH 1,40)	12:00
13:00		Weit					Weit						13:00
13:45			75m										13:45
13:50								75m					13:50
14:05				100m	100m								14:05
14:15			Weit					Weit	100m	100m		WK 2 (AH 3,11)	14:15
14:30					4x400m								14:30
14:40										4x400m			14:40
14:50		50m											14:50
14:55							50m						14:55
15:05	50m												15:05
15:15						50m							15:15
15:30			60m Hü										15:30
15:40								60m Hü					15:40
15:50									80m Hü				15:50
15:55				80m Hü									15:55
16:00	Weit					Weit							16:00
16:10					3x1000m								16:10
16:25										3x800m			16:25
16:30												WK 3 (AH 3,90)	16:30
16:35		800m											16:35
16:45							800m						16:45
16:55			800m										16:55
17:05								800m					17:05
17:15	800m												17:15
17:25						800m							17:25
17:30				Weit					Weit				17:30
17:35									800m	800m			17:35
17:45				800m	800m								17:45
18:05				300m									18:05
18:10									300m				18:10
18:20											4x400m		18:20
18:30					Speer					Speer			18:30